

Make Your Own Pressing Spray!

A hot iron alone doesn't always get all the creases and wrinkles out of your fabric — even when you use steam. Pressing sprays like **Mary Ellen's Best Press** really do help smooth out stubborn wrinkles, but they aren't cheap!

Luckily, there's a better option: making your own pressing spray. The recipe is simplicity itself. The ingredients are inexpensive items you can find at the grocery store, and the cost is a small fraction of what you'd pay for commercial sprays.

Supplies List

- One gallon of distilled water.
- One cup cheap vodka (the cheapest you can find).
- One-half cup liquid starch.
- Spray bottle(s). This recipe makes a bit more than a gallon of spray, so you'll need more than one bottle to hold it all.
- Optional: essential oil such as lavender to add a pleasant scent. If you decide to add scent, use sparingly.

Mix the ingredients together in a large bowl or pail, then pour into the spray bottle. Voila! You're ready to press.

